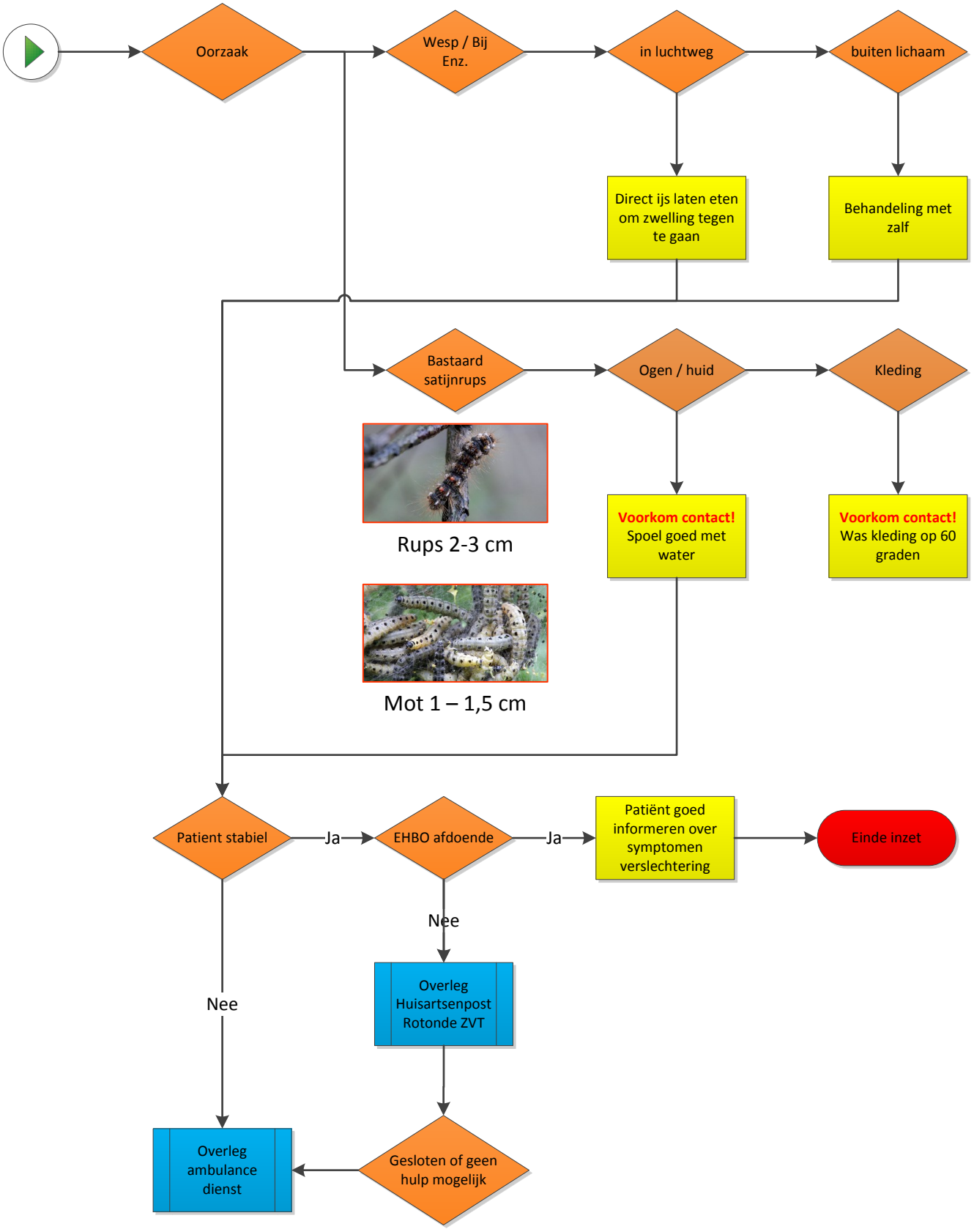EHBO: allergische reactie